



NORTH COAST UNIFIED AIR QUALITY  
MANAGEMENT DISTRICT  
707 L Street, Eureka, CA 95501  
Telephone (707) 443-3093 FAX (707) 443-3099  
<http://www.ncuaqmd.org>

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FOR IMMEDIATE RELEASE

## Wildfire Smoke Public Service Announcement



Areas of smoke, haze, and degraded air quality are being experienced throughout Humboldt, Del Norte, and Trinity Counties due to numerous wildfires. It is anticipated that smoke from fires in Oregon and the Rocky fire in Lake County add to the smoke from local fires.



Weather forecasts indicate good day-time mixing with moderate SW transport winds in eastern areas and moderate NW near the coast (with light and variable in between). This will lead to moderate fire activity and better movement of smoke. Mountain areas may expect isolated thunderstorms today. Smoke will likely settle in nearby canyons, valleys, and basins causing poor air quality during evening hours. Air quality monitors in the Eureka area continue to show good air quality. Hazardous and Unhealthy Advisories have also been issued and can be found at [www.ncuaqmd.org](http://www.ncuaqmd.org).



### Recent information regarding the fires of interest:

**Rocky Fire** – Lower Lake (Lake County). Size 68,300 acres & 20% contained. Fire Information – 707-967-1456

\***Fork Complex** – Trinity County. Size is 15,184 acres & 9% contained.

\***Mad River Complex** – (Humboldt/Trinity County). Size 17,041 acres & 20% contained.

\***Humboldt Complex** – (Humboldt County). 3,702 acres & 30% contained.

\***River Complex** – (Trinity County). Size 12,524 acres & 8% contained.

\***Gasquet Complex** – (Del Norte County). Size 1000 acres & 2% contained.

\***South Complex** – Hyampom (Trinity County). 15,956 acres & 5% contained.

\***Route Complex** – (Humboldt County). Size 16,000 acres & 10% contained.

\***Nickowitz Fire** – (Humboldt County). Size is 210 acres & 45% contained.

\* **Fire Information** – [www.inciweb.nwccg.gov](http://www.inciweb.nwccg.gov)



## Health Information for Smoke Impacts

Concentrations of smoke may vary depending upon location, weather, and distance from the fire. Smoke from wildfires and structure fires contain harmful chemicals that can affect your health. Smoke can cause eye and throat irritation, coughing, and difficulty breathing. People who are at greatest risk of experiencing symptoms due to smoke include: those with respiratory disease (such as asthma), those with heart disease, young children, and older adults.

These sensitive populations should stay indoors and avoid prolonged activity. All others should limit prolonged or heavy activity and time spent outdoors. Even healthy adults can be affected by smoke. Seek medical help if you have symptoms that worsen or become severe.

If you can see, taste, or feel smoke, contact your local health department and/or primary healthcare provider. This is especially important if you have health concerns, are elderly, are pregnant, or have a child in your care.

Follow these general precautions to protect your health during a smoke event:

- Minimize or stop outdoor activities, especially exercise
- Stay indoors with windows and doors closed as much as possible
- Do not run fans that bring smoky outdoor air inside – examples include swamp coolers, whole-house fans, and fresh air ventilation systems
- Run your air-conditioner only if it does not bring smoke in from the outdoors. Change the standard air conditioner filter to a medium or high efficiency filter. If available, use the “re-circulate” or “recycle” setting on the unit
- Do not smoke, fry food, or do other things that will create indoor air pollution

If you have lung disease (including asthma) or heart disease, closely monitor your health and contact your doctor if you have symptoms that worsen.

Consider leaving the area until smoke conditions improve if you have repeated coughing, shortness of breath, difficulty breathing, wheezing, chest tightness or pain, palpitations, nausea, unusual fatigue, lightheadedness.

**For 24-hour Air Quality Advisory Information, call toll-free at  
1-866-BURN-DAY (1-866-287-6329).**

**For further information, visit the District’s website at  
[www.ncuaqmd.org](http://www.ncuaqmd.org)**

